the Quest for Authentic Manhood

Robert M. Lewis
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I. Welcome to The Quest For Authentic Manhood!

II. A Brief Men’s Fraternity™ Orientation

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III. Basic Presuppositions I Am Bringing to Our Manhood Journey

A. Manhood is in a state of ________________________________.
THE QUEST FOR AUTHENTIC MANHOOD

SESSION 1

B. _______________________ men create major ____________________________.

C. _______________________ men settle for _____________________________.

D. There is no lofty _________________________ of manhood today that is compelling to men.

E. The __________________________, I believe, has helpful insights to all of the above.

IV. Historical Roots to Our Present Crisis in Masculinity

A. The Industrial Revolution

B. World War II

C. Feminism
V. Five Manhood Promises I Can Fulfill If You Finish This Quest For Authentic Manhood

A. You will have a clear ____________________________ of manhood.

B. You will develop a new manhood ____________________________________.

C. You will make significant personal ____________________________ about yourself.

D. You will make new _________________________ who are pursuing a common goal.

E. You will have your own personalized ________________________ for achieving authentic manhood.

Questions for Your Small Group

Be sure everyone in your group is introduced.

1. Why did you choose to join a manhood study like this one? What expectations do you personally have for Men’s Fraternity™ here at the beginning?

2. Robert made 5 promises to you. Which of those most excited you? Why?
THE FOUR FACES OF MANHOOD

I. A Brief Review

II. Manhood’s Four Faces

A. Face #1: ___________________________________________

1. This is a face reflecting _______________________________.

2. This is a face characterized by:
   •  ________________________________
   •  ________________________________
   •  ________________________________
   •  ________________________________
   •  ________________________________

3. This face is seen in Scripture:
   •  ________________________________
   •  ________________________________

B. Face #2: ___________________________________________

1. This is a face reflecting _______________________________.

2. This is a face characterized by:
   •  ________________________________
   •  ________________________________
   •  ________________________________
   •  ________________________________
   •  ________________________________
   •  ________________________________

3. This face is seen in Scripture:
   •  ________________________________
   •  ________________________________
   •  ________________________________
3. This face is seen in Scripture:
   
   • ________________________________

C. Face #3: ________________________________

   1. This is a face reflecting ________________________________.

   2. This is a face characterized by:

      • ________________________________
      • ________________________________
      • ________________________________
      • ________________________________
      • ________________________________
      • ________________________________

   3. This face is seen in Scripture:

      • ________________________________

D. Face #4: ________________________________

   1. This is a face reflecting ________________________________.

   2. This is a face characterized by:

      • ________________________________
      • ________________________________
      • ________________________________
      • ________________________________
3. This face is seen in Scripture:
   • ________________________________
   • ________________________________

III. Some Important Observations About These Four Faces

   A. All too often, these honorable faces of manhood are replaced by ____________________.
B. Because of our morally-compromised culture, many men today lack a _____________________.

Without a _____________________, the ______________________________ becomes

unrestrained, hurting lives, including his own, in the process.

C. Our increasingly feminized culture has emasculated the ______________________ in many young men.

The result has been the creation of the ________________________, ________________________

as to direction, ________________________ as to leadership.

D. Our world is desperate for the ______________________ balance of real manhood!

Questions for Your Small Group

1. Which of the four faces of manhood can you most identify with? Why?

2. Which of the four faces do you need the most help with right now? Why?
I. A Brief Review

II. Your Manhood Plan Worksheet

III. Up Close and Personal
   A. EVERYBODY has a story
   B. My Story
   C. Moments that Shaped My Life
      1. Good moments
      2. Noble moments
      3. Missed moments
      4. Hurtful moments
      5. Defining moments
   D. Leaving Home . . . How?
IV. Observations Looking Back

A. My story is not __________________________. As a man, I am not ________________________________.

B. When a boy fails to “________________________” with his Dad, __________________________, of one kind or another, often fill the void.

C. Many men have yet to reckon with their ___________________________ or close out the ___________________________ that still lives there.

D. Until a man __________________________ and deals with the ___________________________ and ___________________________ that reside there, he can never be an authentic man.

E. You cannot become a real man without ___________________________. There is no such thing as a “________________________.”

F. For better or worse, we are all significantly shaped by the kind of __________________________ we experienced.

Questions for Your Small Group

1. What personal assets did you leave home with because of your family life?

2. What major themes for your life did you leave home with? How have those themes shaped your life, both positively and negatively?

3. If you could change one thing about your upbringing, what would it be?
THE QUEST FOR AUTHENTIC MANHOOD

SESSION 4

THE SECOND STEP TO AUTHENTIC MANHOOD: "UNPACKING"

I. A Summary of Why Men Struggle Today
   A. Some of it has to do with _______________________________.
   B. Some of it has to do with _______________________________.
   C. Some of it has to do with _______________________________.

II. Authentic Manhood Revolves Around Three Critical Issues
   A. Addressing the ___________________________ of my past.
      1. What do we mean by wound?
         A wound is ... any ___________________________ where lack of closure adversely impacts
         and shapes the ___________________________ and ___________________________ of a man's life now.
2. Unpacking the past: Five wounds men must deal with

   a. The ________________ Wound

   b. The Overly ________________ with ________________ Wound

   c. The ________________ Wound

   d. The Lack of a Manhood ________________ Wound

   e. The ________________ Wound

B. Establishing a clear and compelling manhood ________________. 

C. Creating a high impact, workable ________________ for my life.

Questions for Your Small Group

1. Which kind of “suitcase” do you think you carry: A small one? A medium sized one? A large one? Don’t know? Explain.

2. With which of the five wounds Robert unpacked this morning could you feel an immediate identification? Why?
I. Introduction

Proverbs 17:6 ...

II. The Absent Father Wound

A. A Definition: An ongoing emotional, social, or spiritual ______________________ ordinarily met in a ____________________________ with Dad that must now be overcome by ________________________.

B. Three words (or phrases) in remembering Dad

C. Results of the Absent Father Wound:

1. _______________________________________
2. _______________________________________
3. _______________________________________
4. _______________________________________
III. So, What Is It That Every Son Wants and Needs From His Father?

A. _________________________________________

B. _________________________________________

C. _________________________________________

D. _________________________________________

E. _________________________________________

Questions For Your Small Group

1. What are three words (or phrases) that describe how you remember your Dad?

2. Which, if any, of the four results of the Absent Father Wound could you most identify with? Why?

3. If you could ask your Dad for one thing and get it, what would it be? Explain.
I. Let's Summarize Where We Are
   A. We are in the process of seeking to make sense of __________________ we are the __________________ we are.

   1. Each of us has a __________________ to tell.

   2. Each of us is, to some degree, a __________________ of the past.

   3. Each of us is, in some ways, __________________ by the past until we consciously and willfully choose to break that _________________________.

   B. We are exploring the first of five major wounds in life that _________________ us.

   C. This wound is being inflicted upon sons at __________________today.

II. Eight Proactive Remedies For the Absent Father Wound
   A. If you're a Dad . . . make sure your son(s) has “____________________________.”

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B. If you’re a Dad … it’s never too late to “__________________” with your son(s), no matter how old.

C. If you’re a single Dad, or a Dad separated from your son(s) by divorce, or a Dad who has inherited a son(s) through remarriage, ________________________________.

D. If you’re a son wounded by Dad … choose to touch this wound ________________________.
   1. By choosing to __________________ your Dad.
   2. By choosing to believe in __________________________.

E. If you’re a son wounded by Dad … ________________ with your father.
   1. There may be separation between you and your Dad that springs from Dad’s ____________________.
      Don’t let that stop you!
   2. There may be separation between you and your Dad that springs from ____________________.
      You need to clean it up!

F. If you’re a son wounded by Dad … risk asking for your ____________________.

G. If you’re a son wounded by Dad … risk asking for your ____________________.

H. If you’re a son wounded by Dad … __________________________________ the relationship you missed by becoming a __________________________ to your children.

Questions for Your Small Group

1. Have you released Dad and assumed responsibility for your own life? If you could sit down and “bare your soul” to your father, what would you say to him?

2. Which of the eight father wound remedies could you apply to your life right now? Explain.

3. What do your children need from you right now? Are there things you are doing (or not doing) that may cause your children to be wounded later in life?
THE QUEST FOR AUTHENTIC MANHOOD

SESSION 7

THE OVERLY-BONDED WITH MOTHER WOUND

I. The “Mom” Factor

II. Two Significant Breaks With Mom

A. From ___________________ bondedness.

B. From ___________________ bondedness.

C. Real health for a man with Mom moves him . . .

FROM TO TO TO

| LITERALLY | A healthy SEPARATION | A healthy SEPARATION | RELATIONALLY |

III. Exploring the Mother Wound

A. A Definition:

An ___________________ emotional relationship with Mother that causes a son to either be
| | | | |

and become ___________________ to that influence.

B. Some Important Characteristics:

1. This wound is not blatant, but ____________.

2. This wound is not one of abuse, neglect, or absenteeism, but a wound disguised
   as ________________________.
3. This is not a wound of _______________ but _____________________.

4. This wound looks like _______________ but feels like _____________________.

5. This wound is so powerful, it can wrongly ____________________ or ____________________ the masculine psyche.

IV. How This Wound Occurs

A. It often begins with an _______________ or _______________ father.

B. It can also be influenced by one of ____________________________:
   1. ______________________ Moms
   2. ______________________ Moms
   3. ______________________ Moms
   4. ______________________ Moms

V. How This Wound Manifests Itself In Adulthood: Two Responses

A. Men become _______________ and _______________ toward women.

B. Men become _______________ and _______________ toward women.

Questions for Your Small Group

1. What most impacted you in this session? Explain.

2. Describe your relationship with your Mom growing up. How is (was) it as an adult?

3. Would you say you have effectively made “the break” with Mom? Does your Mom presently exert an unhealthy influence in your life? Your marriage? What would your wife say?

4. Can you see a connection between the way you relate to your mom and how you relate to other women in your life? In how you relate to your wife, if you have one?
MAKING A HEALTHY BREAK WITH MOM

I. A Brief Review

A. “Legs” of Manhood

B. Definition of the Overly-Bonded with Mother Wound

C. Two Major Consequences of this Wound

1. Sons can become overly __________________ in regard to women.
   • ____________________________________
   • ____________________________________
   • ____________________________________
   • ____________________________________

2. Sons can become overly __________________ in regard to women.
   • ____________________________________
   (in extreme cases, __________________________, etc.)
   • ____________________________________
   (fear of being ____________________________)
   • ____________________________________

D. The Difficulty of this Wound

II. Jesus and His Mom

A. Relational Clarity — Luke 2:43-50

B. Social Clarity — John 2:1-4

C. Spiritual Clarity — Matthew 12:46-50

III. Seven Suggestions for Healing This Wound

A. Always start with the understanding that breaking Mom’s over-involvement is good for you _______________. Authentic manhood ________________ without it.

B. Recognize that your ultimate goal is to become a man whose vision is fixed on what ________________, not what _________________.

C. Stop complaining or struggling with Mom. If you have this wound, get the ________________ encouragement, and help you need from ________________ and develop __________ for healthy independence from Mom. Invite their feedback to avoid serious ________________ making a healthy break.
   1. This plan should address ________________ that are troublesome with ________________.
   2. This plan should establish time-tested ________________ for how you and Mom will interact in the future.
   3. This plan should include clear ________________ attached to boundary violations.

D. Communicate your ________________ in one of the following ways to your Mom and stand your ground regardless of how she responds.
   1. Through a new way of _________________.
   2. Through a ________________ (if necessary).

E. Use the ________________ to “report back to” for clarity, encouragement, and accountability.

F. If you are married, tell your wife you recognize the problem with an interfering Mom and that ________________ will take responsibility to correct it. Ask for her support and prayer, but ask her __________ to get involved. It’s your problem ... not hers.

G. In some cases, your efforts to establish a healthy relationship with Mom will result in a time of ________________ or even your Mom’s _________________. Do not be derailed by this! In time, ________________ adjust.
IV. The Critical Need Today is For Fathers _________________ Teenage Sons ________________
From Dependency on Mom to Manhood

A. This call away needs to be ____________________.

B. This call away needs to be ________________ by the son, the Dad, and the Mom to be effective.

C. This call away needs to employ ________________.

V. CONCLUSION

A. The “_____________” of masculinity (weak or strong) on which a man stands are established at home.

B. Start work on your Manhood Plan ____________!

1. How will you handle the Absent Father Wound?

2. How will you address the Overly-Bonded with Mother Wound?

Questions for Your Small Group

1. How has this session helped you? What new insights did you gain from this session? Explain.

2. Do you struggle with the Mother Wound? What steps in this session would you employ to begin to address this wound?

3. How could other men be of help to you?

4. How could you help your son (teenage or older) begin to make a healthy break with Mom?
THE ALL ALONE WOUND

I. Three Significant Relationships That Bless and Energize a Man’s Life
   A. The _______________________________
   B. The _______________________________
   C. The _______________________________

II. The “All Alone” Wound Defined
   A social, emotional and spiritual ______________ caused by the lack of healthy
   _______________________________ that results in . . .
   • ________________________________ and ___________________________
   • ________________________________ and ___________________________
   • ________________________________ masculinity

III. The Point: Every Man Benefits From the Company of Other _________________
   A. The Friendless American Male
   B. The Significant Downside to Isolation
      1. __________________________________ on life
      2. __________________________ living
      3. __________________________ of motivation for the noble things of life
      4. __________________________ of opportunities for much needed transparency
   C. What the Scripture has to Say
      • Proverbs 27:17
      • Proverbs 18:24
      • Ecclesiastes 4:9-10
      • Proverbs 17:17
      • Hebrews 10:24
      • 1 Samuel 20:17
D. What You Can Do

1. Learn the _________________ to friendship
   
   * _________________
   
   * _________________
   
   * _________________

2. _________________ to other men

3. _________________ men you like to _________________
   
   with you to “_______________.”

4. Get _________________ and share your _________________.

5. _________________ together.

Questions for Your Small Group

1. What impacted you the most in this session? Explain.

2. What hinders you the most right now from strong male friendships? Explain.

3. What steps could you take right now to develop a real friend? Explain. Include these steps in your Manhood Plan!
THREE CHEERS FOR MENTORS!

I. The Awesome, Empowering Impact of an “Older” Man
   A. The Vision of Words
   B. Locking onto a Life

II. Exploring this Rich Concept Called “Mentoring”
   A. From Dad to Whom?
      1. Dad can only take you _____________________.
      2. Male mentors are __________________________.

   B. Five Comments About a Mentor
      1. He is one who ________________ rather than ________________ with you.
      2. He is one who is primarily a ________________, not a ________________.
      3. He is one who seeks to ________________ the development of your gifts
         while seeking to ________________ you from costly mistakes.
      4. He is one who ________________ and ________________ in you
         because he ________________ your value and untapped potential.
      5. He is not necessarily a close ________________, but he is a close _________________.

   C. Is Mentoring Different than Discipleship?
D. What a Mentor Brings to the Table

1. _______________________ through experience

2. _______________________

3. A ____________________ in you

4. ________________________ for your achievement

5. In some instances ... a proven ____________________

III. The Bible Is Filled With Mentors and Mentoring

A. Some Examples

B. Some Scriptures to Sample


A. This man clearly ____________ what you personally ________________.

B. He chooses to _______________ a ________________ with you.

C. He is willing to take a ________________ on you.

D. He is ________________ by other men.

E. He has a network of ____________________.

F. He is ________________ by others.

G. He both ________________ and ____________________.

H. He is ____________________ in his lifestyle.

I. He is able to ________________ your real ________________.

J. He is concerned with your ____________________.
V. The Impact of Mentoring

A. For the Mentor

1. Closes the _______________ on a man's life cycle.

2. Connects older and younger men in a _______________ relationship.

3. Allows a man to teach _______________ , from _______________ , which younger men desperately need and want.

4. Gives older men a significant _______________ in the second half of life.

5. Adds a missing _______________ to an older man's life.

B. For his Protégé

1. _______________________

2. _______________________

3. A bigger personal _____________________

4. _______________________

VI. What To Do If You . . .

A. Want to be a Mentor

1. Make a list of your _______________ and _______________ you can bless a younger man's life with. This is most important.
2. Determine how much ____________ you have to give.

3. Pray for and choose a ________________ you want to be with and reach out to him.

4. If you “____________________,” initiate some regular time together until the protégé has what he _________________. Then let him go.

B. Need, but Lack, a Mentor

1. ________________ for wisdom and guidance.

2. Go and ________________ courageously.

3. Don’t get ________________ if you are turned ________________.

4. Get a ____________ and ask an older man to “_______________________.”

Questions for Your Small Group

1. Who have been the mentors in your life? Explain. How did these “mentors” make a difference? Explain.

2. Could you see yourself as a mentor right now? Why or why not?

3. Are there men around you that you would like to be mentored by in some way? What keeps you from asking them to invest in you?

4. Are you beginning to see the power a man has in “investing down” in younger men? Explain.
THE WOUNDED HEART

I. Nurture vs. Nature Wounds

II. Half Truths

A. We're losing out because of _________________________________.

B. We're losing out because _________________________________.

C. We're losing out because of _______________________________.

D. We're losing out because of ________________________________.

III. The Hidden Truth Behind All of Life’s Troubles

A. We are all __________________ with a condition known as the ________________________________.

1. Jeremiah 17:9

2. Ecclesiastes 9:3b

B. This wound defined: We are all ____________________ and __________________ creatures, at ________________________ by nature with our Creator and each other.
C. Understood, depravity means ...

1. I am __________________ from God and under His ____________________.

2. I have inherited a __________________ nature that no human agency can ____________.

3. My________________ nature, left unaddressed, inevitably __________________ my life with sin.

IV. Two Implications of This Fundamental Flaw

A. The ___________________________ requires a ____________________ only God can give.

B. __________________________ my ___________________________ is the essential “first step” to finding a real, authentic relationship with God (and not just more religion!).

Questions for Your Small Group

1. Did today’s message on fallen human nature ring true with you? Explain.

2. How has this wound manifested itself in your life?

3. What was the most impactful thing you heard today? Explain.
THE QUEST FOR AUTHENTIC MANHOOD
SESSION 12

IMPLICATIONS OF THE HEART WOUND

I. A Second Look At This Wound

A. An Honest Confession

B. The Heart Wound defined:

We are all _____________________ and _______________________ creatures,
at ________________________ with our Creator and each other.

Ephesians 2:3 (Living Bible)
Romans 3:10-12

II. The Pain That Flows From This Wound

A. We are ________________________ from God.

Ephesians 2:12 (Living Bible)

B. We are ________________________ to a life of futility.

Ecclesiastes 1:14

C. We are ________________________ to a corrupt nature.

Job 5:7

D. We are ________________________ to do evil.

Galatians 5:19-21a (Living Bible)
III. Communities Given to This Wound

A. In the Old Testament

Hosea 4:1-4a, 9:9a

B. In the New Testament

Romans 1:28-32

C. In Our Day

IV. The Implications of This Heart Wound Called “Depravity”

A. Generally:

1. Depravity means we are all _____________________ by nature.

2. Depravity means most of my real problems are “___________________,”
not “_______________________________.”

   Genesis 3:9-13

3. Depravity cannot be eradicated by _______________________, a better
   ____________________, self ________________________, or
   ________________________. We must be ____________________ from our depravity.

   John 3:7

4. Depravity can wear all kinds of sophisticated __________________ to hide itself:

   The ____________________ Mask

   The ____________________ Mask

   The ____________________ Mask

   The ____________________ Mask

   Matthew 23:25, 27
5. Depravity means we must not ____________________ ourselves alone.
   Proverbs 14:12

6. _____________________ my depravity is the first step to finding a real relationship with God.
   Matthew 5:3

7. Progress in authentic manhood will parallel my growing ______________________
   of the depth and extent of my depravity.
   1 Timothy 1:15

B. Specifically for Men:

1. Depravity means men have a natural tendency to avoid _______________ responsibility.

2. Depravity means men have a tendency to _______________ over women and children.
   Genesis 3:16
   Ephesians 6:4

3. Depravity means men tend to get lost in their _______________ and personal
   _______________ and ignore _______________ for their lives.
   Ecclesiastes 2:4-11

Questions for Your Small Group

1. With which of the 7 general implications of depravity could you most identify? Explain.

2. With which of the 3 specific masculine implications of depravity could you most identify? Explain.

3. How have the last two sessions on this heart wound called depravity changed the way you see yourself? On the way you see life? Explain.
THE QUEST FOR AUTHENTIC MANHOOD
SESSION 13

THE GOOD NEWS SOLUTION TO THE HEART WOUND

I. Two Important Reminders

A. This is the last session of the first half of Men's Fraternity™. NEW MEN who missed the first half are welcome to join the group when the second half begins, so invite your friends. Dads, you can also bring your teenage sons to the second half. We strongly recommend that they be juniors or seniors in high school to appreciate the information they will be receiving.

B. Work the first section of your Manhood Plan! For Men's Fraternity™ to be a life-changing experience, it is IMPERATIVE that you complete the “Looking Back” section that deals with “unpacking” the wounds in your life. I suggest you take a HALF DAY to do this and then begin implementing your plan as soon as possible. We have observed that men who work their plan make tremendous strides in their manhood and become all around better men!

II. Two Perspectives

A. From the Left ... My Story

1. I didn’t __________________________, but I knew I was ________________________.

2. I didn’t have _______________________, but what I had I put in ____________________________.

3. I didn’t __________________________ at first outwardly, but something profound __________________ inwardly.
Now there was a man of the Pharisees, named Nicodemus, a ruler of the Jews; this man came to Him by night, and said to Him, “Rabbi, we know that You have come from God as a teacher; for no one can do these signs that You do unless God is with him.” 

Jesus answered and said to him, “Truly, truly, I say to you, unless one is born again, he cannot see the kingdom of God.” “Nicodemus said to Him, “How can a man be born when he is old? He cannot enter a second time into his mother’s womb and be born, can he?” 

—John 3:1-4

Jesus answered, “Truly, truly, I say to you, unless one is born of water and the Spirit, he cannot enter into the kingdom of God. ‘That which is born of the flesh is flesh; and that which is born of the Spirit is spirit. ‘Do not marvel that I said to you, ‘You must be born again.’ ‘The wind blows where it wishes and you hear the sound of it, but do not know where it comes from and where it is going; so is everyone who is born of the Spirit.’ ” Nicodemus answered and said to Him, “How can these things be?” Jesus answered and said to him, “Are you the teacher of Israel, that you do not understand these things?” —John 3:5-10

1. “Born of the Spirit” (vs. 5, 8): A ___________________ Rebirth

2. “Must” (vs. 7): An ____________________________ Rebirth

3. “You” (vs. 7): A ____________________________ Rebirth

Questions for Your Small Group

1. Where are you in your spiritual journey? Explain.

2. Do you believe you have been born again? When?

3. If you were to die tonight, are you confident you would go to Heaven? Why or why not?
"SADDLE UP!" FOR THE SECOND HALF

I. Welcome Back ... and For You Newcomers ... Welcome!

A. The first half of Men's Fraternity dealt with looking within.

B. The second half of Men's Fraternity is all about _____________ and looking forward.

C. We will continue to work on our Manhood Plan.

II. A Review of Our Original Presuppositions and Promises

A. Presuppositions

1. Manhood is in a state of ___________________ today.

2. ________________ men create major ____________________.

3. ________________ men settle for less.

4. There is no lofty ___________________ of manhood that is compelling to men today.

5. The ________________ has insights and answers to all the above.

B. Promises

1. You will have a clear ___________________ of manhood.

2. You will make some significant personal ___________________ about yourself.

3. You will make new ____________________.

4. You will learn a new manhood ____________________.

5. You will have a personalized __________________ for achieving authentic manhood.

III. Picking Up Where We Left Off ...

A. We spent the first semester of Men's Fraternity __________________ wounded manhood:
1. The ______________________ Wound

2. The ______________________ Wound

3. The ______________________ Wound

4. The ______________________ Wound

B. There are two ways every man can choose to live with these wounds (A Review):

1. You can ______________________ in your woundedness:

---

**STAGE 1**

Every man begins life without ___________.
His nature is ____________ and ____________ - centered.

**STAGE 2**

AS A SON...
Every man suffers _______________ (small or large) growing up.

**STAGE 3**

AS A YOUNG MAN...
He constructs his manhood from these _______ and _________ perspectives. Often he _____________ his woundedness as energy to fuel and excuse his own excessive or evil behaviors.

**STAGE 4**

AS A MAN...
He is ____________ by these forces he doesn’t understand and refuses to examine. Circumstances and others are _____________ for his problems and failures. This approach to life creates ________________ for himself and for those around him.

**STAGE 5**

Wealthy men often seek to ______________ their way out of their pain. Other men seek to ___________ their pain with drugs, alcohol, pornography, TV, affairs, sports, etc. Both continue to refuse to admit the truth about themselves.

**STAGE 6**

IN TIME...
selfish and wounded manhood _____________. As a man grows old, life becomes small (me), empty, mundane, bitter, or reckless.
You can be __________________ from your woundedness:

STAGE 1
Begins life ... without God; Selfish nature

STAGE 2
As a son ... Suffers hurt

STAGE 3
As a young man ... Constructs his manhood around his selfishness and woundedness

STAGE 4
As a man ... Driven by these forces

STAGE 5
As a man ... Seeks unhealthy ways to escape the pain

STAGE 6
As a man ... Hardens in this lifestyle

Pursues a new __________ with __________: Hope, Health, Happiness

Turns to faith in __________ for help

_________ the truth about himself; __________ his selfish, godless nature; __________ responsibility for his life and problems; __________ blaming others; __________ over his losses in life and poor choices.

2 Cor. 5:17
John 3:3
Luke 15:12-24
The Story of Manhood

PAGE 36
Questions for Your Small Group

1. Have you developed “a plan” for dealing with the wounds of your past in appropriate ways so you can move on from them? Is this strategy written out in your Manhood Plan?

2. What did you hear today that impacted you the most? Why? Explain.

3. What is the “one thing” you are struggling with the most as a man and want answers to in this second half of Men’s Fraternity™?
GENESIS AND MANHOOD, PART 1

I. The Genesis “Myth”

A. Myth is not synonymous with ________________________.

B. A real myth explains and measures our ____________________.

C. The “myth” of Genesis explains and measures ____________________, both in its original __________________________ and in its ongoing __________________________.

D. Genesis describes our ancestral ________________________.

II. What Genesis 1 Says About Manhood

A. It speaks of male and female _________________________. (Gen. 1:26, 27)
   1. Image
   2. Equally endowed / equally valuable
   3. Unique and special

B. It speaks of male and female _________________________. (Gen. 1:28)
   1. “Be fruitful / multiply / fill the earth”
   2. “Subdue the earth”
   3. “Rule over the earth”
C. It “hints” at a very important social ________________. (Gen. 1:26-27; 5:2)

III. What Genesis 2 Says About Manhood

A. Notice ... Adam was created __________________________. (Gen. 2:7)

B. Notice ... Adam is given an ______________________ and __________________ before Eve’s creation. (Gen. 2:15)

C. Notice ... Adam is instructed by God with the responsibility of _________________ with His _________________. (Gen. 2:16-17)

D. Notice ... Adam _______________ the animals, a signal of his leadership over ________________. (Gen. 2:19)

E. Notice ... Adam is given a “______________________,” a title that offers further evidence of God’s original core social identity for the man and the woman. (Gen. 2:18)

Questions for Your Small Group

1. What was the most significant truth you heard today?


3. How could this information from Genesis be used to begin formulating a definition of manhood? Explain.
GENESIS AND MANHOOD, PART 2

I. A Brief Review

Male ___________________ is a personal moral ______________ , __________ a teaching of the Bible.

II. What Genesis 2 Says About Manhood (Continued from last week)

A. Notice ... Adam ___________________ his helper. (Gen. 2:23)

B. Notice ... It is the man who is told to leave and ____________________ a new household. (Gen. 2:24)

III. What Genesis 3 Says About Manhood

A. Notice ... The temptation seeks to ______________ and ______________ God's original social

and spiritual order. (Gen. 3:1-6)

B. Notice ... God holds ______________ , not the ______________ , accountable for this first sin. (Gen. 3:8-9)

C. Notice ... Adam's sin has an unacceptable ______________ attached to it. (Gen. 3:11-12)

D. Notice ... Adam's curse is based on the ______________ of God's original created order. (Gen. 3:17)

(Eve's curse is also based on her usurping God's created order.)
E. Notice ... Adam's sin unleashes the destructive curse of male _______________________. (Gen. 3:16b)

F. Notice ... Adam dies. (Gen. 2:16-17) This judgment of ______________________ also extends to all those who come after him. (Rom. 5:19) He, not Eve, is _______________________ with the fall of the human race. Our natures are due to Adam's sin.

G. Notice ... Adam _________________ his wife as a continued sign of his ______________ even after the fall. (Gen. 3:20)

Questions for Your Small Group

1. How does the Genesis story make you feel as a man? Explain.

2. What sense of increased responsibility do you feel from the truths of Genesis? Explain.

3. When have you seen the sin of Adam's passivity in your own life? Explain.
A BIBLICAL DEFINITION OF MANHOOD, PART 1

I. Final Thoughts From Genesis

A. Some Key Reminders

1. Men were created by God to be ________________ and ____________________________.

   • When men abandon this pursuit or when this pursuit is taken away from them ... ____________.

   • We see that in Scripture ... Isaiah 3:1-12

   • We see that today ...

      ___________________________________________________

      ___________________________________________________

      ___________________________________________________

   2. The male leadership of Genesis is not natural, but ____________________ with specific

      ____________________________

      • Will to ______________________________
      • Work to ______________________________
      • Woman to ___________ and _______________

B. Some Key Objections

1. Male leadership is ___________________ , not creational.

2. Male leadership is a result ___________________ , not a result of God’s design. (Gal. 3:28)
II. Two Men/Two Masculine Identities

A. Adam and Jesus Christ (1 Corinthians 15:45-49)

Adam and Christ stand against each other as two great figures at the entrance of two worlds, two creations, the old and the new ... And in their actions and fates, lie the decisions for all who belong to them, because all men are comprehended in them. —Theologian Hermann Ridderbos

B. These men are leaders of two distinct ______________________ destinies for all humanity. (Romans 5:17-19)

C. These men are also leaders of two distinct masculine _______________________.

1. The first Adam represents a manhood ...
   - Set on a natural _______________________
   - Based on personal ____________, human ____________, and ______________
     ... not ________________________!
   - That draws life from ______________________
   - Without __________________________ meaning
   - A living ______________ “... ___________________”

2. The second Adam represents a manhood ...
   - Set on a heavenly ______________________
   - Yielded to ____________________ ... not personal instinct, human reason, or reaction
   - That ________________________ others
   - Full of ______________________ meaning
   - “A life-giving __________________”
D. How these two masculine identities play out practically

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<th>Jesus's Manhood Becomes ...</th>
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<td>2. ________________ with other men</td>
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III. Four Defining Differences Between Adam and Christ

A. The first Adam fell into ________________; the second Adam (Christ) ________________________.

1. Genesis 3:6

2. Philippians 2:6-8

B. Real men ... ________________________

Questions for Your Small Group

1. What was the most important thing you heard today? Explain.

2. How does this discussion on the first and second Adam help you in seeing your masculinity more clearly? Explain.
I. A Brief Review

A. Manhood Plan Samples

B. Leadership Questionnaire

II. The Four Differences Between Adam and Christ

A. The first Adam fell into ___________________; the second Adam ____________________________.

B. The first Adam disregarded his responsibilities; the second Adam ____________________________.

1. He accepted responsibility:
   - For a ______________ to obey
   - For a ______________ to do
   - For a ______________ to love

2. What causes a man to accept social and spiritual responsibility?
   - When it is clear from a young age that the primary responsibility for the social / spiritual well being of others (namely wife, children) rests _______________________.
   - When he has been trained from an early age by the men in his life to ______________ and ______________ these responsibilities.
   - When he is _____________________, especially by other men, for accepting these ________________.
   - When he has been spiritually transformed in the heart by Jesus Christ to ______________ these responsibilities in order to ____________ God.
C. The first Adam abandoned his post of leadership; the second Adam chose to ________________________.

1. Men were created to __________________, but it takes __________________

2. Jesus led where Adam didn’t:
   • He set __________________
   • He provided __________________
   • He made __________________

3. To be a courageous leader, every man must master one significant obstacle: __________________

D. The first Adam sought a greater reward; the second Adam ____________________________

1. Examples of second Adam living:
   • Hebrews 12:1, 2 (Jesus)
   • Psalm 27:13 (David)
   • Hebrews 11:24-26 (Moses)
   • 2 Timothy 4:7-8 (Paul)

2. Exhortations to second Adam living:
   • 1 Timothy 4:8
   • Hebrews 11:6

III. So, What is a Real Man Cut From a Biblical Mold?

A real man is one who ...

• Rejects ____________________
• Accepts ____________________
• Leads ____________________
• Expects the greater ____________________, ____________________

Questions for Your Small Group
1. Go over the Leadership Questionnaire handout together.

2. React to the definition of manhood Robert gave today. Is it one you can adopt for your life? Why or why not?
A LEADERSHIP QUESTIONNAIRE FOR YOU
IN LIGHT OF ADAM AND CHRIST

Your Leadership in General

1. How would you rate yourself regarding leadership using the following scales?

   0 1 2 3 4 5 6 7 8 9 10

   I'm a passive, non-initiating person

   I'm an active, initiating person

   0 1 2 3 4 5 6 7 8 9 10

   I rarely model biblical truth or desire to

   I regularly model biblical truth and desire to

Your Leadership at Home and With Others

2. How would you rate taking responsibility for your life (and family if applicable) in the following areas?

   a. Handling Money

      0 1 2 3 4 5 6 7 8 9 10

      Poor Average Excellent

   b. Providing for Yourself, Your Wife, and Children Materially?

      0 1 2 3 4 5 6 7 8 9 10

      Poor Average Excellent
Your Leadership at Home and With Others, Continued

c. Providing for Yourself, Your Wife, and Children Emotionally (spending time, speaking words of encouragement, affirmation, hugs, kisses, romance, etc.)

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d. Giving Spiritual Direction and Vision to the Home

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e. Modeling Biblical Values (faith, purity, Bible study, prayer, self-control, moral conviction, etc.)

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f. Honoring and Esteeming Your Wife, Ensuring She Has Equal Value in Your Marriage

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g. Setting Practical Biblical Standards (what you watch on tv, debt, giving, serving your church and community, use of alcohol, church attendance, stance against pornography, various social issues, etc.)

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h. Protecting Your Wife and Children Against the Future (through insurance, a savings plan, an up-to-date will, legal guardians, etc.)

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</table>
I. A Key Verse for Husbands ... or Future Husbands: 1 Peter 3:7

A. “... in an understanding way” = ____________________________

B. “... and grant her honor” = ____________________________

C. “... fellow heir in life” = ____________________________

II. Three Models of Marriage

A. The Top-Down Marriage


- Husband’s Position: ____________________
- Leadership Style: _____________________
- Goal in Mind: _______________________
- Effects on Marriage: ___________________

B. The 50-50 Marriage

Galatians 3:28

- Husband’s Position: ____________________
- Leadership Style: _____________________
- Goal in Mind: _______________________
- Effects on Marriage: ___________________

C. The Side-by-Side Marriage

Ephesians 5:23, 25, 31

- Husband’s Position: ____________________
- Leadership Style: _____________________
- Goal in Mind: _______________________
- Effects on Marriage: ___________________
III. A Closer Look at Biblical Marriage

A. The Bible Speaks to Core Issues:

Definition of “CORE” = A _______________ but _________________ of every marriage that
must not be compromised, neglected, or ignored, if a marriage is to _________________ overall.

B. Three Core Issues in Every Marriage:

1. Core
2. Core
3. Core

C. A Brief Look at Core Roles


   Head = ______________________

2. The wife as ________________________ (Titus 2:4-5)

   Helper = ________________________

Questions for Your Small Group

1. Which of the three models of marriage are you currently pursuing with your wife? What would your wife say? Explain.

2. What new insight did you gain in this session today? Explain.

3. How could you make your wife (or girlfriend) feel more valued and honored this week? Settle on one and go for it!
I. A Brief Review

A. Our Key Verse: 1 Peter 3:7

B. Our Three Models of Marriage
   1. Top-Down
   2. 50-50
   3. Side-by-Side

II. Core Issues in the biblical Model of Marriage

A. Core Roles ...That ___________________ a husband and wife in marriage

   [Diagram]

   Wife / _______  Husband / _______

B. Core Responses ...That __________________ your mate's role

   [Diagram]

   Wife  Honor & Praise  Husband

   Submission
III. A Wife’s Core Concerns Explained (How a Husband Speaks “Woman”)

IV. Why We Need To Teach and Proclaim the Side-By-Side Biblical Model of Marriage

A. It ________________ a man and a woman for what they naturally do best.

B. It ____________ a man and a woman to complement each other rather than compete with each other.

C. It _______________ an environment that is_________ for the healthy development of children.
D. It becomes the _______________ we can train our children from an early age to embrace.

E. It _______________ God's Word and is _______________ by Him.

F. It _______________ and _______________ society as a whole.

Questions for Your Small Group

1. What was the most important thing you heard Robert say today? Explain.

2. How would you rate yourself in meeting your wife's core needs (with “1” being “poor” and “10” being “great”)?

   - Companionship ... Score _______ Explain.
   - Security ... Score _______ Explain.
   - Significance ... Score _______ Explain.
   - Emotional Responsiveness ... Score _______ Explain.

3. What ONE thing could you do to make ONE IMPROVEMENT this week? Share.
I. Your Manhood Plan  (... the countdown is on!)

II. Marriage at the Core  (... a brief review)
   A. Two ____________ with different __________________.
   B. Rocking the Roles  (NavPress)
      • A ______________ role of __________ and __________
      • A ______________ role of __________ and __________
   C. Head = ______________________________

III. 25 Ways to Be a Servant-Leader
   1. A servant-leader includes his wife in _______________________ the future.
   2. A servant-leader accepts _____________________________________________ for his family.
   3. A servant-leader is willing to say _________________ and _________________ to his family.
   4. A servant-leader discusses _______________________ responsibilities with his wife and makes sure they
      are ___________________ distributed.
5. A servant-leader seeks the consultation of his wife on all ________________ decisions.

6. A servant-leader ________________ with commitments he has made to his wife.

7. A servant-leader anticipates the different ________________ his marriage will pass through.

8. A servant-leader anticipates the ________________ his children will pass through.

9. A servant-leader ________________ tells his wife what he ________________.

10. A servant-leader provides ________________ for his family’s basic ________________.

11. A servant-leader deals with ________________ so he can ________________ with his wife and family.

12. A servant-leader ________________ with his wife on a regular basis.

13. A servant-leader ________________ meaningful family ________________.

14. A servant-leader ________________ for the family on a regular basis.

15. A servant-leader takes the time to give his children ________________ about life, which in turn gives them confidence with their peers.

16. A servant-leader ________________ the ________________ of the home and anticipates any pressure points.

17. A servant-leader keeps his family ________________ sound and out of harmful ________________.
18. A servant-leader makes sure he and his wife have drawn up a ________________ and arranged a well-conceived plan for their ________________ in case of ________________.

19. A servant-leader lets his wife and children into the ____________________ of his life.

20. A servant-leader _____________________ his wife often in public.

21. A servant-leader explains ___________ to each child in a way that gives them a wholesome perspective.

22. A servant-leader encourages his wife to _______________ as an individual.

23. A servant-leader takes the lead in establishing with his wife sound, biblically-supportable family _________________.

24. A servant-leader ___________ a small group of men who are dedicated to ________________ their skills as a man, husband, and father.

25. A servant-leader provides ______________ for his wife to pursue her own personal _________________.

Questions for Your Small Group

1. Look back over the list of “25 Ways to be a Servant-Leader.” Which one or two ways stood out to you today as “Must Do’s” to improve your servant-leadership? Explain.

2. What on this list of 25 do you feel most intimidated by? Why?

3. Which of these 25 would your wife say she needs most from you? Why?
I. The Power of Dad

A. Three Types of Parenting

1. ____________________ Parenting
2. ____________________ Parenting
3. ____________________ Parenting

B. Dad is Destiny

II. The Three Ingredients of Strategic Fatherhood

A. The _____________ = ____________________________

B. The _____________ = ____________________________

C. The _____________ = ____________________________

III. The Power of Ceremony: 5 Characteristics

A. Memorable ceremonies are ____________________________.

B. Memorable ceremonies ascribe ________________________.

C. Memorable ceremonies employ ________________________.

D. Memorable ceremonies involve ________________________.

E. Memorable ceremonies empower ________________________.
IV. Ceremonies I Have Used

A. My Story

B. The “Knighthood Model”

C. The Four Ceremonies

1. The “Page” Ceremony of Puberty
   - Dobson Tapes
   - Manhood Definition
   - A Symbol of Remembrance
   - Ceremonial Prayer

2. The “Squire” Ceremony of Leaving Home
   - A Gathering of Dads
   - An Explanation of Our Crest
   - The Ceremonial Circle of Prayer with Families
3. The “Knight” Ceremony of College Graduation
   • A Gathering of Men
   • Wise Words
   • The Ring and Commissioning into Manhood
   • The Welcome to the Roundtable

4. The “Oath” Ceremony of Marriage
   • The Rehearsal
   • The Challenge from Dads to a Lifetime of Courage
   • The Presentation of the Crest

V. Every Son Needs to Be Initiated Into Manhood

   A. Be ____________________________!

   B. Your son will ____________________________!

Questions for Your Small Group

1. What was the most exciting thing you heard Robert say today? Explain.

2. How have you helped your son measure his progress to manhood? Explain.

3. What could you do over this next year to initiate your son into manhood? Include this in your manhood plan!

Remember ... Only 2 weeks until your Manhood Plan is due!
FATHERS AND DAUGHTERS

NEXT WEEK . . .
Your manhood plan is to be presented in your small group and turned in to your Men’s Fraternity™ leader!

I. Three Challenges for Daughters and the Introduction of the “New Womanhood”
   A. The challenge of a new supreme pursuit: _______________________
   B. The challenge of the decline of ________________________________
   C. The challenge of the rise of the ________________________________

II. What Dad Contributes to His Daughters
   A. If he’s there ...
      1. They are very secure in their _____________________ as women.
      2. They easily ___________________________ to the opposite sex.
      3. They often have a highly fulfilling ________________ with their husbands.
   B. If he’s not there ...
      1. They develop personalities that are ____________, ______________, and have difficulty in forming ______________ relationships with men.
      2. OR ... they become inappropriately ____________________________.

III. Practically, What Can Dad Do for His Daughters?
   A. Establish, with his wife, a clear definition of what it means to be a ____________________.

A ____________________ IS ONE WHO ...
   • Rejects ____________________
   • Believes in ____________________
   • Nurtures the ____________________
   • Expects ____________________
B. Help Mom _______________ with the children, especially in their critical, formative years.

C. Support, honor and cheer for true _______________ in his wife and daughters.

D. _______________ his daughters and stay involved in their lives on a personal level.

E. Encourage and participate in _______________ celebrating true femininity.

1. At Puberty:

2. Upon Leaving Home:

3. Graduation from College:

4. Marriage:

Questions for Your Small Group

1. Whether you have daughters or not, what is the most important thing you heard Robert say about young women today? Explain.

2. React to Robert's definition of "A Real Woman." How would you define a real woman?

3. What is one action step you could take right now as a Dad with your daughter? Explain. What longer-range steps could you include in your Manhood Plan?
I. Seeing the Big Picture

II. The Life Cycle Map


B. An Overview:

C. The Four Seasons and Transitions

1. Spring

2. Summer

3. Fall

4. Winter
III. The Life Stages Map

A. Robert Hicks: *The Masculine Journey*, NavPress, 1993

B. An Overview
C. The Six Life Stages

1. The Creational Stage (0-20)
   a. Gifts and talents
   b. Acceptance and development, or confusion and missed opportunity

2. The Phallic Stage (13-25)
   a. Sexual energy
   b. Mastery or enslavement

3. The Warrior Stage (20-40)
   a. The drive to establish oneself
   b. Life in the fight

4. The Wounded Stage (40-50)
   a. Powerful re-evaluations
   b. Renewal or rut

5. The Mature Stage (50-60)
   a. Deeper meaning
   b. Strategic moves and mentoring

6. The Sage Stage (60+)
   a. Standard bearers
   b. Special contributions
   c. Leaving a legacy
Questions for Your Small Group

1. Share Your Manhood Plans With One Another.
   
   What is the most significant part of your plan? Explain.

   What is the most exciting part of your plan? Explain.

2. Be sure to turn in your Manhood Plan today.

3. Be sure it has your name on it.